

TO:- Wellbeing Select Committee

Councillor Lin Hingley , Councillor Kath Williams , Jak Abrahams Councillor Andrew Adams , Councillor Penny Allen , Councillor Meg Barrow , Councillor Joyce Bolton , Councillor Gary Burnett , Councillor Nigel Caine , Councillor Rita Heseltine , Councillor Diane Holmes , Councillor Janet Johnson , Councillor Christopher Steel , Councillor Wendy Sutton , Councillor Ken Upton , Councillor Bernard Williams ,

Notice is hereby given that a meeting of Wellbeing Select Committee will be held as detailed below for the purpose of transacting the business set out below.

Date: Tuesday, 07 February 2023

Time: 17:00

Venue: Council Chamber, Community Hub, Wolverhampton Road, Codsall, South Staffordshire, WV8 1PX



D. Heywood
Chief Executive

A G E N D A**Part I – Public Session**

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| 1 | Minutes
To approve the minutes of the Wellbeing select Committee meeting of 13th September 2022. | 1 - 2 |
| 2 | Apologies

To receive any apologies for non-attendance. | |
| 3 | Declarations of Interest

To receive any declarations of interest. | |
| 4 | Leisure Services Refurbishment Update
Presentation of Community Service Manager. | 3 - 14 |
| 5 | South Staffordshire Community Wellbeing Outreach
Presentation of Leisure and Health Development Assistant Team Manager. | 15 - 22 |

- 6** Health Watch Staffordshire Update
Verbal update of Healthwatch Staffordshire Manager.
- 7** Work Plan 2022/23
Verbal update of Assistant Director Community Services.

RECORDING

Please note that this meeting will be recorded.

PUBLIC ACCESS TO AGENDA AND REPORTS

Spare paper copies of committee agenda and reports are no longer available. Therefore should any member of the public wish to view the agenda or report(s) for this meeting, please go to www.sstaffs.gov.uk/council-democracy.

Minutes of the meeting of the **Wellbeing Select Committee** South Staffordshire Council held in the Council Chamber Community Hub, Wolverhampton Road, Codsall, South Staffordshire, WV8 1PX on Tuesday, 13 September 2022 at 17:00

Present:-

Councillor Penny Allen, Councillor Meg Barrow, Councillor Joyce Bolton, Councillor Gary Burnett, Councillor Rita Heseltine, Councillor Lin Hingley, Councillor Diane Holmes, Councillor Janet Johnson, Councillor Christopher Steel, Councillor Bernard Williams

6 **IN ATTENDANCE:**

Baz Tameez, Manager, Health Watch Staffordshire.

7 **ONE MINUTE SILENCE**

One minute silence was observed in memory of the late Queen Elizabeth II.

8 **MINUTES**

RESOLVED: that the Minutes of the meeting of the Wellbeing Select Committee held on 14 June 2022 be approved and signed by the Chairman.

9 **APOLOGIES**

Apologies were received from Cllrs A Adams and K Upton.

10 **DECLARATIONS OF INTEREST**

There were no declarations of interest.

11 **PRESENTATION OF THE HEALTHWATCH STAFFORDSHIRE MANAGER**

RESOLVED: that the Committee receive the presentation from Baz Tameez, Manager, Health Watch Staffordshire.

The Meeting ended at: 18:00

CHAIRMAN

Leisure Centre Refurbishment Programme Update

Wellbeing Select Committee

30th January 2023

Mark Moore



Investment

- Penkridge Leisure Centre: £175,000
- Wombourne Leisure Centre: £981,000
- *3G investment - £800,000 (£400,000 Football Foundation Grant)*
- Cheslyn Hay Leisure Centre: £916,000

Penkridge Leisure Centre

- Work was completed and the Council received handover on 22nd July 2022. The project was successfully delivered on time and within budget.



Penkridge Leisure Centre

- The main Reception area was redecorated with new flooring and lighting installed along with a new reception desk.



Programme of Work

Penkridge Leisure Centre		
Commenced	Completion Date	No. of Days
09/05/22	22/07/22	55

Wombourne Leisure Centre – Phase 1 Dry Side & Changing		
Commences	Completion Date	No. of Days
08/08/22	22/12/22	98

Programme of Work (cont)

Wombourne Leisure Centre – Phase 2 Wet Side		
Commences	Completion Date	No. of Days
02/01/23	10/03/23	42

Cheslyn Hay Leisure Centre		
Commences	Completion Date	No. of Days
19/09/22	10/03/23	121

Wombourne Leisure Centre

- Work has continued at Wombourne Leisure Centre and the main reception and circulation areas are now complete and reopened to the public.



Wombourne Leisure Centre

- Work to complete the remainder of the project - swimming pool promenade and changing rooms is continuing on schedule



Cheslyn Hay Leisure Centre

- A delay to the programme was communicate in January. This was primarily due to a delay with the delivery of the new front doors that make up part of the remodelled entrance.
- This means that the project will now complete on 10th March 2023. However, practicable completion of the changing areas can be achieved on 17th February 2023.
- Customers will continue to utilise the temporary entrance in the interim.

Cheslyn Hay Leisure Centre

- The swimming pool work has now been completed and handed back to the Council.
- Unfortunately the swimming pool heat pumps failed which has meant reopening the swimming pool to the public has been delayed. This is outside of the scope of the project but the school placed an order for replacement pumps quickly. The pool is currently coming up to temperature and it is anticipated it will reopen on 31st January.
- Customers will 'robe & go' similar to at Wombourne Leisure Centre whilst the work to the changing areas is completed.

Cheslyn Hay Leisure Centre



Codsall Leisure Centre

- Cost certainty has now been received for the programme at Codsall Leisure Centre
- Due to inflationary pressures work is continuing to revise the scope of work to fit within budget
- A further meeting has been held with the school and Governors who have confirmed they are supportive of the work and in agree in principal to the claw back arrangement

Wellbeing Select Committee

7th February 2023

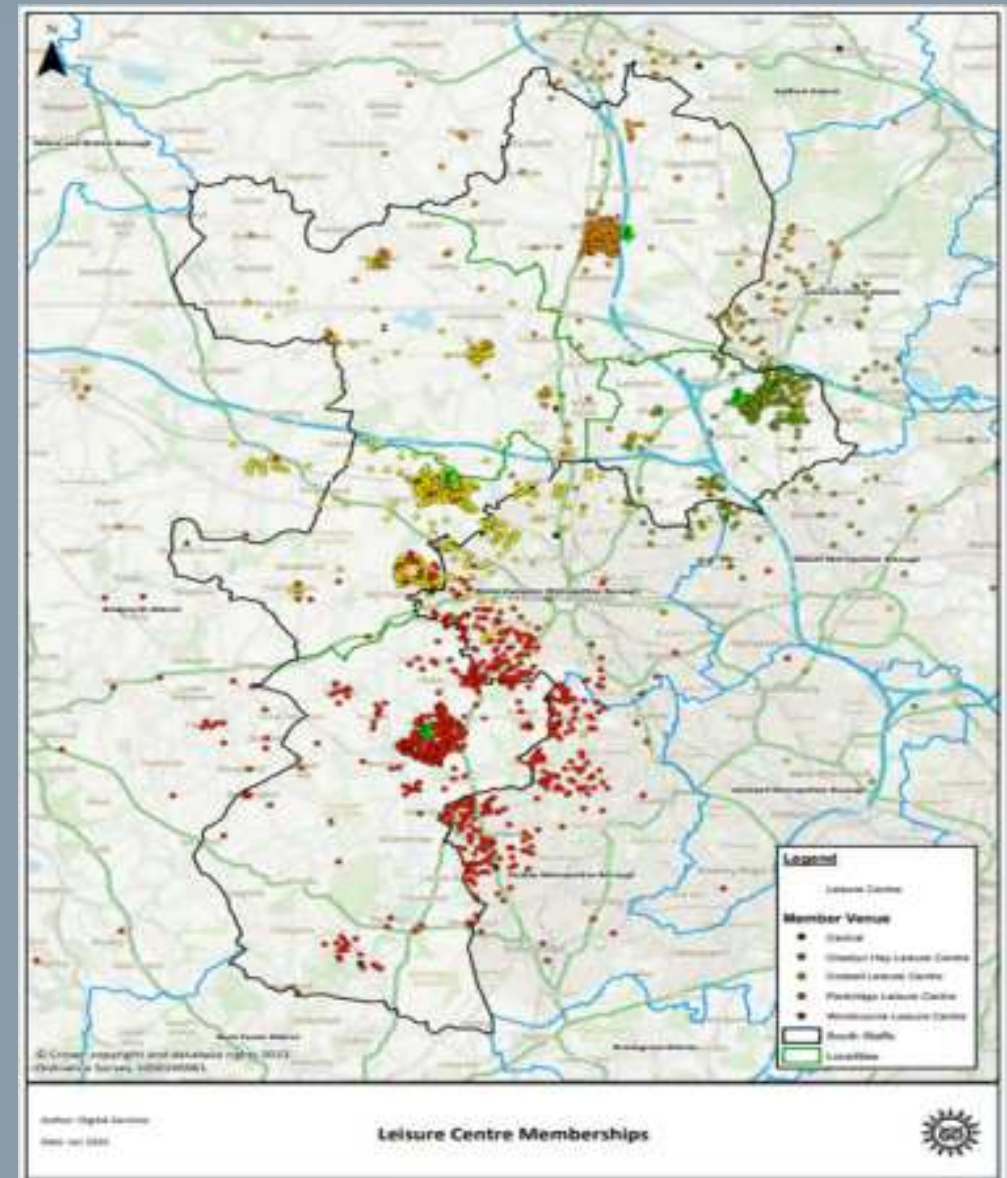
South Staffordshire Leisure and Health

Mark Moore and Rob Sharratt



Introduction

- Leisure Services currently operate 4 leisure centres across the district
- Centre feature in 4 of 5 locality
- Locality 1 Penkridge LC
- Locality 3 Cheslyn hay LC
- Locality 4 Codsall LC
- Locality 5 Wombourne LC



Leisure Centre

- Currently 3300 live health and fitness members using centres which offer comprehensive programme of fitness and sports
- Swim academy 2150 live learn to swim/ advanced swimmers
- [South Staffordshire Council \(sstaffs.gov.uk\)](http://sstaffs.gov.uk)

 <p>Cheslyn Hay Leisure Centre</p>	<ul style="list-style-type: none">• Fully-equipped gym• Multi-functional exercise studio• Indoor cycling studio• Six-lane, 25-metre swimming pool• 3G synthetic pitch• Sports hall
 <p>Codsall Leisure Centre</p>	<ul style="list-style-type: none">• Fully-equipped gym• Multi-functional exercise studio• Indoor cycling studio• Four-lane, 25-metre swimming pool• 3G synthetic pitch• Sports hall
 <p>Penkridge Leisure Centre</p>	<ul style="list-style-type: none">• Fully-equipped gym• Multi-functional exercise studio• Indoor cycling studio• Three-lane, 17-metre swimming pool• Toning suite• 3G synthetic pitch• Sports hall
 <p>Wombourne Leisure Centre</p>	<ul style="list-style-type: none">• Fully-equipped gym• Multi-functional exercise studio• Indoor cycling studio with virtual MyRide experience• Six-lane, 25-metre swimming pool• Toning suite• Wellbeing suite• 3G synthetic pitch• Sports hall

Programmes for customer – catering for all

- Health checks
- Personal fitness programmes
- Forward to Health- referral programme
- Active youth
- Online classes

Additional benefits:

 Health checks <i>free to members. Additional fee applies for non- members</i>	 Personal fitness programmes <i>free to members. Additional fee applies for non- members</i>	 Personal training <i>additional fee applies</i>	 Supervised Active Youth sessions <i>access for young people aged 13 years+</i>	 Teen access <i>users aged 13+ are permitted to use the facility with an accompanying parent/guardian</i>
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Extended offer to our community

The good life Health and Wellbeing- provides walking and gentle exercise classes across the district at different venues, to improve access for the community

- The walks and classes feature in parish settings and venues, more local and better access for some residents
- Gentle exercise 350 attendees and over 8000 visits
- South Staffs Walking scheme offers around 600 walks a year, with over 600 registered walkers
- Volunteers
- HAF Funding/ school holiday programme



Impacts and feedback

I have been a member of the Baggesbury walking group from the onset. The group has morphed into not only a wellbeing walk but a great social weekly activity. The group and myself personally have improved in physical ability and ability to build on the walks we are doing. I thoroughly enjoy this time and have found this group walk, motivating & fun, and I can't praise the walk leaders enough.

Case Study

As part of measuring the effectiveness of the South Staffordshire Walking for Health Programme we would appreciate your feedback regarding the health walks you have attended.

Name: GUY MORSE-BROWN

Walk Name: WOMBOURNE - FRIDAYS

Date Case Study Completed: 23/01/23

Very enjoyable - the regular exercise is very welcome and it is so good to meet new people and friends.
Excellent!

Thank you, your feedback is appreciated.

Partnership/ pathways

- Social Prescribing – Star Fish Health and wellbeing
- Everyone Health – Physical activity referral (centre based)
- MPFT Midland Partnership NHS Foundation Trust - Spinal Functional Rehabilitation class (Wombourne)

- Locality Profile- Healthy Communities

Prevention -Tackling key health inequalities within Locality 3 -Obesity and Excess Weight

